

Does your job ruin your day?

You know the feeling: the boss has yelled at you, your workplace is short staffed, you're sick but still have to work.



After a bad day at work the world seems pretty grim. But what can you do about it?

You can't change your boss, but you may be able to change your work environment.

By cooperating with fellow workers on

your job and in the community, you may be able to achieve higher pay, better benefits and, most importantly, respect at work.



Join us in building Worker Center of Eastern Maine and find out how to stop your job from ruining your day. Call or visit:

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